

Swanley District Scouts

DIETARY INFORMATION



Name of Child	
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It is extremely important that all parts of this form are completed as accurately as possible.

Event Title	
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EXAMPLE MENU

The following is a list of common foods that we eat on our residential experiences. It is not the exact menu your child will be eating, but it will be similar.

Breakfast	Lunch	Tea	Other / Snacks
<i>Cereals Toast Bacon Fried egg Sausage Beans</i>	<i>Hot dogs / burgers Jacket potato Salad Sausage rolls Sandwiches Yoghurt / mousse</i>	<i>pizza shepherds pie fish and chips mash potato tinned veg sliced roast beef / chicken fish fingers fruit and custard crumble and ice-cream</i>	<i>Hot drinks biscuits cake fruit crisps</i>

Using this as a guide please tell us if there are ANY foods on this menu or similar that your child will not eat for dislike / lifestyle reasons (e.g. vegetarian / religious obligations etc.)

(If this field is left blank we will assume that your child is willing to at least try any food given to them)

Please list any specific food allergies and the consequence of accidental exposure to them. (include details of reactions to substances such as coke / hyperactivity etc.)

Name of food substance	Effects of exposure to that food substance / possible remedies